Division of Fish & Wildlife Enforcement Swimming Test Assessment

Participants will be evaluated on the following:

Swim: 100 yards

This test will be used to verify that the applicant has some basic swimming skills. For this portion of the testing, the participant, wearing only a bathing suit will begin in the shallow end of the swimming pool. The participant may employ any desired swimming stroke or combination of swimming strokes for the completion of the assessment. The participant may use the end walls of the pool for the completion of turns, but may <u>NOT</u> use the sides or the bottom of the pool for the attainment of rest periods during the event. Participants who display physical difficulties through the duration of the swim assessment will be removed from the exercise.

Treading water

This test will be used to verify the participant's ability to tread water for a minimum of five (5) minutes. For this portion of the testing the participant will disassociate from the pool edge and will tread in water at least seven (7) feet deep, for a minimum of five (5) minutes. Treading water is defined as pumping your arms and/or legs, maintaining an upright position, and keeping your head above water. Floating is not permitted. Participants who display physical difficulties through the duration of the assessment will be removed from the exercise.

The participant may NOT use the edges of the pool for the attainment of rest periods or make contact with the bottom of the pool during the event.

Head-first surface dive

This test will be used to verify the participant's ability to dive and retrieve an object at a minimum depth of seven (7) feet. For this portion of the testing, the participant will begin in a least seven (7) feet of water and no deeper than twelve (12) feet of water. The participant may have physical contact with the pool edge at the start of this event. At the audible start signal, the participant sill disassociate themselves from the pool edge, tread water and perform a head first surface dive in at least seven (7) feet of water and no deeper than twelve (12) feet of water and retrieve an object.

The participant will have a maximum of three attempts to retrieve the object from the bottom of the pool.

Effective: November 2014

Page: 1